



## Opioids: Did You Know?

It is unsafe and illegal to take someone else's prescription medication.

## Talk With Your Kids About the Facts.

Studies show that 53 percent of people ages 12 and older obtained prescription pain medication for nonmedical use from a friend or relative.<sup>1</sup> Doctors prescribe different dosages based on a person's size or age, and taking the wrong strength or mixing with alcohol or other drugs can be deadly.

<sup>1</sup> Substance Abuse and Mental Health Services Administration. (2018). Key substance use and mental health indicators in the United States: Results from the 2017 National Survey on Drug Use and Health (HHS Publication No. SMA 18-5068, NSDUH Series H-53). Rockville, MD: Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration.

Start talking with your kids about the facts. For tips on how—and when—to begin the conversation, visit [www.underageddrinking.samhsa.gov](http://www.underageddrinking.samhsa.gov).

